

**Institute of English Studies  
Faculty of Arts and Humanities  
University of the Punjab, Lahore.  
Course Outline**



Program	BS English Literature	Course Code	SSOC-101	Credit Hours	2
Course Title	Introduction to Sociology				
Course Introduction					
This course is designed to provide students with opportunities to learn the basic elements of sociology as an analytical social science. It explores the relationship between individual experiences and broader social forces, examining how various social institutions, processes and structures shape human behavior and societal outcomes. Through this course, students will develop a sociological perspective, enabling them to analyze and understand the complexities of social life.					
Learning Outcomes					
On the completion of the course, the students will be able to: <div><div>1.</div><div>Create clear linkages between the taught course and major field of study.</div></div> <div><div>2.</div><div>To identify the acceptability of concepts in their personal and professional spheres.</div></div> <div><div>3.</div><div>To distinguish between macro and micro level sociological perspectives.</div></div> <div><div>4.</div><div>Use sociological imagination to explain their life experience in a broader social context.</div></div> <div><div>5.</div><div>Demonstrate understanding of several sociological theories and apply them to explain social phenomena.</div></div>					
Course Content				Assignments/Readings	
Week 1	Unit-I Introduction 1.1 Definition, significance 1.2 Key concepts Unit-II Sociological Perspectives 2.1 Structural Functionalism 2.2 Conflict perspective			Write a one-page reflection explaining how sociology helps us understand everyday life. Use one example from your own family, community, or school.	
Week 2	Unit-III Sociological Perspectives 3.1 Symbolic Interactionism 3.2 Feminist Approach Unit-IV Culture 4.1 Definition and Types (Material, Non-Material, Real, Ideal, High and Popular) 4.2 Components of Culture 4.2.1 Symbols, language, values, social norms			Write a one-page analysis of how gender roles are shown in Pakistani media (choose any advertisement or drama).	
Week 3	Unit-V Key Terms of Culture 5.1 Multiculturalism, Sub culture, counter culture, Cultural Diffusion, Cultural Lag. 5.2 Ethnocentrism and Xenocentrism Unit-VI Socialization 6.1 Agents of Socialization (Family, school, peer group and mass media)			Write about one situation from your life where someone judged another culture as inferior or superior. Identify whether it is ethnocentrism or xenocentrism.	

	6.2 Types of Socialization (Anticipatory, resocialization, primary and secondary)	
<b>Week 4</b>	<b>Unit-VII Theories of Socialization</b> 7.1 G.H Mead (Social Self) 7.2 C.H Cooley (Looking Glass Self) <b>Unit-VIII Social Interaction</b> 8.1 Social Structure (Status & its types) 8.2 Social Structure (Role & its types)	Apply Mead's "I" and "Me" to any decision you made recently. Which part dominated?
<b>Week 5</b>	<b>Unit-IX Theories of Social Interaction</b> 9.1 Dramaturgy 9.2 Ethnomethodology <b>Unit-X Social Groups</b> 10.1 Social Groups & their types 10.2 Group leadership	Identify a primary and a secondary group you belong to. Compare your behavior in each.
<b>Week 6</b>	<b>Unit-XI Group Behavior</b> 11.1 Group conformity, cohesiveness, thinking, efficacy 11.2 Group size <b>Unit-XII Theories of Social Group</b> 12.1 Weber's Bureaucracy 12.2 Group Dynamics Theory	Observe two groups of different sizes. Note how communication patterns differ.
<b>Week 7</b>	<b>Unit-XIII Deviance</b> 13.1 Social Foundation of Deviance 13.2 Deviance and Social Diversity <b>Unit-XIV Theories of Deviance</b> 14.1 Merton theory 14.2 Labelling theory	Explain how class or gender influences who gets labeled deviant.
<b>Week 8</b>	<b>MIDTERM EXAMINATION</b>	
<b>Week 9</b>	<b>Unit-XV Deviance &amp; Crime</b> 15.1 Types of Crime 15.2 Social Control & Social Sanctions <b>Unit-XVI Social Stratification</b> 16.1 Definition & Applications 16.2 Dimensions	Explain Weber's three dimensions (class, status, power) using a Pakistani example.
<b>Week 10</b>	<b>Unit-XVII Stratification and Inequality</b> 17.1 Social class and Caste 17.2 Social Mobility <b>Unit-XVIII Social Institutions</b> 18.1 Family (Types, Functions, Importance) 18.2 Economy (Types, Functions, Importance)	Compare class mobility and caste rigidity in Pakistan.
<b>Week 11</b>	<b>Unit-XIX Social Institutions</b> 19.1 Religion (Types, Functions, Importance) 19.2 Health (Types, Functions, Importance) <b>Unit-XX Social Institutions</b> 20.1 Education (Types, Functions, Importance) 20.2 Media (Types, Functions, Importance)	Compare public and private schooling as educational institutions.

Week 12	<b>Unit-XXI Social Institutions</b> 21.1 Political (Types, Functions, Importance) 21.1 Interrelationship of social institutions  <b>Unit-XXII Globalization and Changing World</b> 22.1 Types of society 22.2 Social Change & Globalization	Identify Pakistan’s political system type and explain its functioning.
Week 13	<b>Unit-XXIII Global Economic Theories</b> 23.1 Marx theory of class conflict 23.2 Network theory <b>Unit-XXIV Theories of Schooling and Inequality</b> 24.1 The hidden curriculum (Ivan Illich) 24.2 Language codes (Basil Bernstein)	Explain a current workers’ issue (wages, rights) using Marx’s ideas.
Week 14	<b>Unit-XXV Theories of Crime and Justice</b> 25.1 Criminal Justice System 25.2 Differential Association theory <b>Unit-XXVI Social and Cultural Change</b> 26.1 Definition and Factors of socio-cultural change 26.2 Resistance to socio cultural change	Give an example of Pakistani people resisting change and explain why.
Week 15	<b>Unit-XXVII Social and Cultural Change</b> 27.1 Socio Cultural change in Pakistani Society 27.2 Social Problems & Social issues <b>Unit-XXVIII Theories of Development</b> 28.1 Globalization theory 28.2 World System Theory	Write a short essay on how technology has changed Pakistani family life.
Week 16	<b>END TERM EXAMINATION</b>	
<b>Textbooks and Reading Material</b>		
<b>1. Textbooks</b> 1. Maccionis, John J. (2016) Introduction to Sociology (16 <sup>th</sup> Edition) Pearson. 2. Giddens A. (2006) Sociology (5 <sup>th</sup> Edition). Polity Press Cambridge UK. <b>2. Suggested Readings</b> 1. Scott, J. (Ed) (2006) Sociology The key concepts. Routledge. 2. Cohen R. Kennedy P. (2012) Global Sociology Macmillan International Higher Education. 3. Horton. P.B. Hunt, C.L (2004) Sociology (6 <sup>th</sup> Edition). Tata McGraw Hill.		
<b>Teaching Learning Strategies</b>		
1. Weekly lectures 2. Term Papers 3. Presentations 4. Book Reviews		
<b>Assignments: Types and Number with Calendar</b>		
1. Quizzes: Taken during class hour (2 quizzes) 2. Assignments: To check the learning capability of students 3. Presentations: Shall be prepared in PowerPoint (Must held after Midterm Examination) 4. Class Activities: Shall perform in the premises of class		

Assessment			
Sr. No.	Elements	Weightage	Details
1.	Midterm Assessment	25%	Written Assessment at the mid-point of the semester.
2.	Formative Assessment	15%	Continuous assessment includes: Classroom participation, assignments, presentations, viva voce, attitude and behavior, hands-on-activities, short tests, projects, practical, reflections, readings, quizzes etc.
3.	Final Assessment	60%	Written Examination at the end of the semester. It is mostly in the form of a test, but owing to the nature of the course the teacher may assess their students based on term paper, research proposal development, field work and report writing etc.